



# MedScope

Fort Belvoir Community Hospital • Vol. 2, No. 1 • February, 2012



Department of Defense photo by Chris Walz

Fort Belvoir Community Hospital staff and patients joined to celebrate the grand opening of the Department of Traumatic Brain Injury here Jan. 27, 2012. Pictured at the podium here, Dr. (Lt. Col.) Jeffrey Yarvis, the hospital's deputy commander for behavioral health, speaks to the ceremony attendees.

## Hospital opens Traumatic Brain Injury department

By **Joshua L. Wick**,  
Fort Belvoir Community Hospital  
Public Affairs

The Department of Defense's new \$1.03 billion hospital at Fort Belvoir opened the doors to a new, state-of-the-art **Traumatic Brain Injury Department** Friday.

Officially integrating and consolidating the Defense and Veterans Brain Injury Center TBI services among itself and Walter Reed-Bethesda in Maryland, Fort Belvoir Community Hospital is looking to be a leader in comprehensive behavioral and physiological health throughout the National Capital Region and DoD.

The Department of Traumatic Brain

Injury and DVBIC locations within the hospital combine medical, psychological, educational and physical resources into a centralized clinic for optimal patient care. The new facility is outfitted with state-of-the-art TBI testing and treatment equipment, as well as ample office space and exam rooms.

"I cannot imagine a more wonderful setting for us to be able to launch this program and certainly have it serve as a spring board as we move forward with comprehensive behavioral health and physiological health for our servicemembers," said Army **Col. Susan Annicelli**, hospital commander.

The National Capital Region receives the greatest number of the gravest

injuries, creating opportunities to more fully understand the unique needs of wounded warriors, how they recover, and what rehabilitation interventions help this process, according to **Dr. Heechin Chae**, chief of the TBI Department.

Therefore, staff members "seized" the opportunity to provide input on construction of the new, world-class hospital with the intent to build a robust infrastructure in support of the program, said Army **Lt. Col. Jeffrey Yarvis**, deputy commander for behavioral health at Belvoir Hospital.

TBI curriculum provides one-on-one education, support groups, caregiver and children education classes. This interdisciplinary approach maintains

the hospital's application of Patient-and Family-Centered Care.

"The Department prides itself on the outstanding clinical care and teamwork that allows the team to craft and coordinate treatment plans for each patient. Our TBI clinic can manage the full spectrum of Acquired Brain Injury from mild to severe," Chae said.

The team-centric clinic includes various specialties that provide a one-on-one focus around its target population at Fort Belvoir and throughout the National Capital Region.

"They think outside the box," said one TBI clinic patient during the ceremony, "It's not one treatment for all."

By **Kristin Ellis**  
Fort Belvoir Community Hospital  
Public Affairs

## Breast Care Center: A new approach to treating breast cancer

The new **Breast Care Center** at Fort Belvoir Community Hospital is bolstering the health care team's ability to care for its beneficiaries using a patient-centered, multidisciplinary approach to treating breast cancer.

Surgery is not the only modality when it comes to treating breast cancer; radiation, chemotherapy, social work, physical therapy, and other specialties play a role in the comprehensive

treatment of a breast cancer patient. The Breast Care Center's approach is to act as a hub for the patient, bringing each of these specialties together for a complete look at the patient and the treatment plan.

"It requires full team modality treatment; all of these things are important," explained **Dr. Philip Albaneze**, director of the Comprehensive Breast Care Clinic. "Having all the specialties really makes it easier for the patient and ensures their care is not fragmented."

Prior to opening Belvoir hospital,

DeWitt Army Community Hospital beneficiaries received treatment in the community or at other military medical centers because DeWitt didn't have the capability to deliver a full complement of breast cancer treatment.

"It is so much more convenient for the patient to not have to drive all around the area to get their breast cancer care," Albaneze said.

Now, after a diagnosis of cancer, all the services come together each Thursday to individually meet with the patient in a round robin fashion,

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## Dept. of Pathology Accreditation

Fort Belvoir Community Hospital **Department of Pathology** received accreditation by the Accreditation Committee of the College of American Pathologists and the American Association of Blood Banks, based on the results of the recent onsite inspection conducted 29 November 2011. Accreditation is valid for two years from the time of the inspection.

## Red Cross volunteer retires

Red Cross volunteer, **Bill Krueger**, retired last month after totaling 30 years and more than 5,000 hours of service at DeWitt Army Community Hospital and Fort Belvoir Community Hospital. Krueger, a retired sergeant major, began as a volunteer in 1981, dedicating his life to serving others in and out of the military.

"He is one of the first volunteers I met when I came onboard, and I can't say enough good things about him," said Marin Reyes, Red Cross station manager. "He always came to work with a smile and is more than a pleasure to be around."

## USA Staffing Town Halls

Please join the Civilian Human Resources Center for a USA Staffing Awareness Town Hall.

As we strive to meet the President's Hiring Reform challenge this forum will facilitate CHRC's responsibility to disseminate important information about USA Staffing and the significant changes to come; as well as how USA Staffing impacts you as the hiring official or jobseeker/applicant.

We invite everyone to come out and join us as we discuss the transition from Resumix and CHART to USA Staffing, our new premiere recruitment software suite of choice.

Below are the dates and times for the upcoming Town Hall Meetings:

Feb. 7, 1 to 3 p.m.  
FBCH Dining Facility Oaks Pavilion, 3rd Floor

Feb. 10, 8 to 10 a.m.  
FBCH Dining Facility Oaks Pavilion, 3rd Floor

Feb. 14, 8 to 10 a.m.  
FBCH Dining Facility Oaks Pavilion, 3rd Floor

Feb. 16, 1 to 3 p.m.  
FBCH Dining Facility Oaks Pavilion, 3rd Floor

## Commander's Call



**Col. Susan Annicelli**  
Commander

The Fort Belvoir Community Hospital Commander cordially invites you to attend one of two Commander's Call events to be held Feb. 8 at 7 a.m. and 3 p.m. in the Hospital Dining Facility.

**Col. Susan Annicelli** would like to talk with you about our upcoming Joint Commission survey and time permitting will be able to answer questions.

## Protect patient privacy

Fort Belvoir Community Hospital not only encourages patients to be aware of their privacy right, but also reminds staff of their vital role in protecting patient information.

"Confidentiality is everyone's job, not everyone's business," explained **Victor McKinney**, HIPAA Compliance Officer. "HIPAA is law. People have got to take this seriously. If not, it puts the whole hospital at risk."

HIPAA stands for the Health Insurance Portability and Accountability Act, a US law designed to provide privacy standards to protect patients' medical records and other health information provided to health plans, doctors, hospitals and other health care providers. Developed by the Department of Health and Human Services, these standards provide patients with access to their medical records and more control over how their personal health information is used and disclosed. They represent a uniform, federal floor of privacy protections for consumers across the country.

At Belvoir hospital, it's McKinney's job to help ensure HIPAA compliance, assure patients' information is secure and offer guidance to those who feel their information may have been wrongfully disclosed or used. He explained that the most common HIPAA infraction among employees is training is not up-to-date. Just a few weeks ago McKinney sent a list to the command staff of 87 employees who were non-compliant, some of whom were thousands of days overdue. Depending on the severity of the violation, someone can receive a monetary fine or termination of employment.

For more information on HIPAA, contact Victor McKinney at 571-231-3319.

Please contact the CHRC at JTFCAPMED. CHRC@med.navy.mil or your servicing HR specialist for additional information.

## Black History Month Meal

Please join Fort Belvoir Community Hospital in celebrating Black History Month with a special meal Feb. 9 from 11 a.m. to 2 p.m., in Oaks Pavilion, dining facility, third floor.

This year's menu consists of four entrees and assortment of sides and desserts:

Entrees:

- Crispy Fried Chicken
- Southern Comfort Baked Catfish
- Barbecue Pork Ribs
- Smoked Ham Hocks (Pork knuckle)

Sides:

- Baked Creamy Macaroni & Cheese
- Black-Eyed Peas
- Collard Greens w/Smoked Turkey
- Grilled Vegetables
- Cornbread
- Fresh Baked Rolls

Desserts:

- Della's Famous Peach Cobbler
- Sweet Potato Pie
- Pecan Pie
- Double Dutch Chocolate Cake
- Vanilla Ice Cream

Thursday's special lunch will coincide with FBCH's Black History Months observance and celebration that will take place Feb.

9 at noon in Oaks Pavilion, dining facility; featuring guest speaker, R&B/gospel singer, Stacy Lattisaw.

## Staff and Caregiver Workshop

Fort Belvoir Community Hospital hosts the Staff and Caregiver Performance and Resilience Enhancement Workshop Feb. 9 from 8 a.m. to 4 p.m. in Bldg. 221, 10011 Middleton Rd., Fort Belvoir, Va.

The workshops are designed to build strength in five key skills:

- Building Confidence
- Goal Setting
- Attention Control
- Energy Management
- Integrating Imagery

## Designated tobacco use area

Fort Belvoir Community Hospital is a tobacco-free campus, and staff members who use tobacco products are asked to use one of two designated areas on campus to use tobacco products. These zones are located behind the facility.

## Pedestrian safety

The speed of cars driving on 9th street between the hospital and the Warrior Transition Unit Complex is causing a hazard for pedestrians. Please slow down and be

her treatment plan.

"As you can imagine, cancer care can get somewhat complicated," Albanese explained. "That's why we all meet the patient and then discuss the patient all at the same time so everyone understands what each other's input is and how to put this all together."

The goal is to provide the most comprehensive care with as little stress on the patient as possible.

"Radiation treatment is long-term," McGann explained. "It is every day - Monday through Friday - anywhere from six to eight weeks. So to travel somewhere that is out of your radius for such a long time, dealing with traffic and being ill can be a burden and add to the psycho-social issues."

By limiting the travel and providing comprehensive care in one location, the Breast Care Center staff hopes to improve the continuity of care and the patient's psycho-social state. Combined, the expectation is better recovery and outcomes.

aware of pedestrians crossing the street.

## Prescription refill for staff

Eligible staff are now able to order their prescription through the pharmacy's intranet home page. This service is listed in the purple quick link box marked "staff prescription request." Staff may enter the requested information and submit to send it to the pharmacy.

The prescriptions will be available for pick up after 4 p.m. if entered in the site prior to 10 a.m., same day. Prescriptions entered after 10 a.m. will be available for pick up the next day after 9 a.m.

Staff will pick up their prescription at the main pharmacy by receiving a ticket at the pharmacy kiosk and selecting the refill/call-ahead option.

## Valentine's Day Candy Grams

The Black History Month committee sponsors candy grams for Valentine's Day. An assortment of cupcakes and candy bars are available for a donation (not to exceed \$5). Place your order no later than Feb. 10 and it will be hand delivered Feb. 14.

If you have questions or would like to place an order, contact Sgt. First Class Michelle Meminger at michelle.meminger.mil@health.mil.

## February: Heart Healthy Month

Heart disease and stroke are the number one killers worldwide. Heart disease and stroke claims 17.5 million lives a year, or the equivalent of more than one death every two seconds. Heart disease is a term that includes several more specific heart conditions.

The only way to know your level of risk is to be assessed by a healthcare professional and to be checked for factors such as your blood pressure, cholesterol and glucose levels, waist measurement and BMI. Once you know your overall risk, agree with your healthcare professional on a plan for specific actions you should take to reduce your risk for heart disease and stroke.



**Fort Belvoir  
Community  
Hospital**

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